

## Session Notes – July 2017 Version

Can be used by certified LI therapists when working with candidates for certification

**Candidate Name:**

**Therapist Name:**

**Date:**

**Protocol Used:**

**General Notes:**

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### Criteria Checklist

Acceptance and compassion for self

Exceptional				Met					Unmet
10	9	8	7	6	5	4	3	2	1

Ability to recognize one's own difficulties and be vulnerable

Exceptional				Met					Unmet
10	9	8	7	6	5	4	3	2	1

Ability to fluidly transition between self-states

Exceptional				Met					Unmet
10	9	8	7	6	5	4	3	2	1

Coherence between nonverbal and what client is saying

Exceptional				Met					Unmet
10	9	8	7	6	5	4	3	2	1

Coherent timeline without significant memory gaps

Exceptional				Met					Unmet
10	9	8	7	6	5	4	3	2	1

Ability to accept one's difficulties, ask for help, and to accept feedback from therapist.

Exceptional				Met					Unmet
10	9	8	7	6	5	4	3	2	1

**Plan for future LI sessions:**